



Recipe for Success

Welcome to your recovery from ear surgery!



Ingredients

- Several pillows to elevate your head after surgery.
- A responsible adult to stay with you for 24 hours after anesthesia.
- A positive attitude!



Directions

You will go home with a bulky bandage over your ears that you will wear for 5-6 days. Your sutures will be removed in 7 days, and after that you may shower and replace your ear guards.

You will wear the ear guards at night for 1 month.

Do not expose the scars to the sun or tanning bed for at least 3 weeks after surgery as severe burns can occur from minimal exposure. Scars must be covered when exposed to the sun or tanning bed until all redness is gone from the incision. This will take up to 1 year. You may use tanning creams after the incision is healed.